



# La monografia sui PCB: PCB e melanoma

International Agency for Research on Cancer  
Lyon, France

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Section of the IARC Monographs

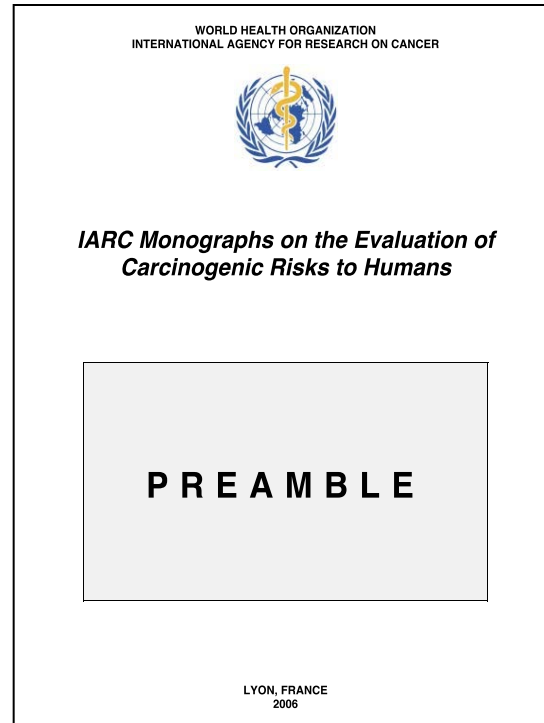
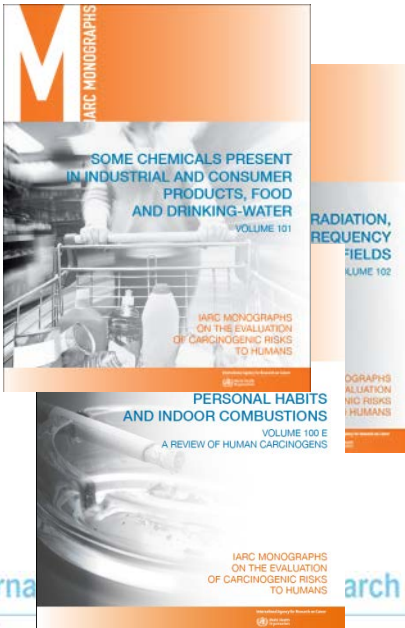
<http://monographs.iarc.fr/>

International Agency for Research on Cancer

# Outline

- ❖ The *IARC Monographs*
  - Procedure
  - Evaluation
- ❖ PCB and melanoma
  - Cohort studies
  - Case-control studies
  - Mechanistic data
  - Evaluation

# How are evaluations conducted?



## Published guidelines & procedures

- Participant selection
- Conflict of interest
- Data eligibility
- Review of evidence
- Decision process for overall evaluations
- Public participation

# Who does the evaluation?

***Attend meetings but do not write reviews or contribute to evaluations***

**IARC Secretariat**  
Coordinates all aspects of the evaluation

**Working Group**  
*Independent scientists without conflict of interest*  
Review science and develop evaluations

**Invited Specialists**  
Scientists with relevant knowledge but a competing interest

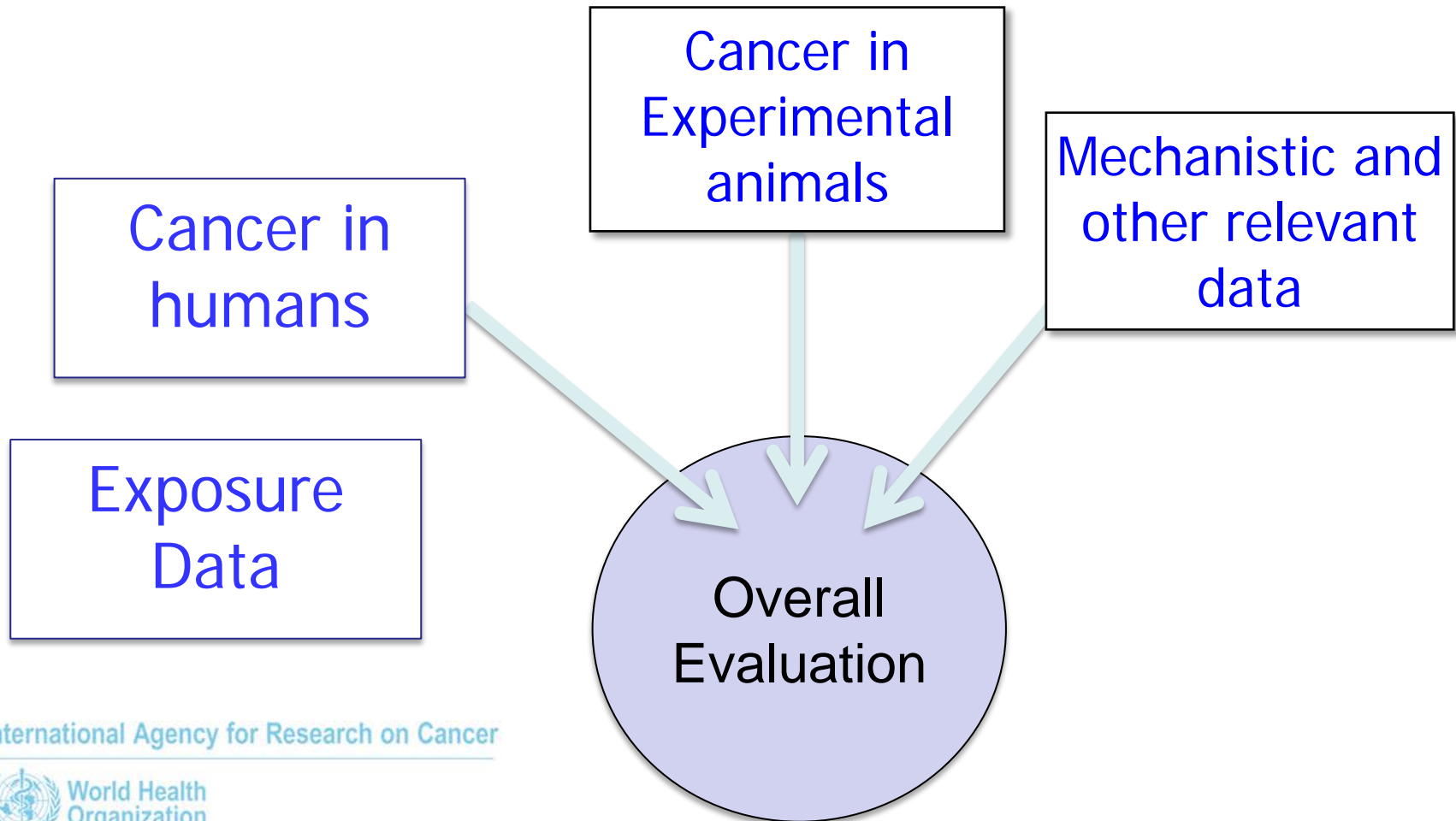
**Representatives**  
of governments and health agencies

**Observers**  
Scientists with a competing interest: observe but do not influence outcomes

# What evidence is considered?

## Publicly available scientific data

- Peer-reviewed articles
- Government reports
- Available in enough detail for critical review



# What are the IARC classifications?

Carcinogenic to humans	Group 1
Probably carcinogenic to humans	Group 2A
Possibly carcinogenic to humans	Group 2B
Not classifiable as to carcinogenicity	Group 3
Probably not carcinogenic to humans	Group 4

- IARC classifications refer to the strength of scientific evidence (the level of certainty that the agent causes cancer)
- They DO NOT reflect the level of carcinogenic risk

# How are the data evaluated?

Cancer in humans

Cancer in Experimental animals

Mechanistic and other relevant data

☐ *Sufficient evidence*

Causal relationship has been established

Chance, bias, and confounding could be ruled out with reasonable confidence

☐ *Limited evidence*

Causal interpretation is credible

Chance, bias, or confounding could not be ruled out

☐ *Inadequate evidence*

Studies permit no conclusion about a causal association

☐ *Evidence suggesting lack of carcinogenicity*

Adequate studies covering the full range of exposure are consistent in not showing a positive association at any level of exposure

# How are overall evaluations determined?

## EVIDENCE IN EXPERIMENTAL ANIMALS

*Sufficient*

*Limited*

*Inadequate*

**EVIDENCE IN HUMANS**

*Sufficient*

***Carcinogenic to humans*** (Group 1)

*Limited*

### **Examples Group 1**

- Asbestos
- Tobacco smoking

*Inadequate*



# How are overall evaluations determined?

## EVIDENCE IN EXPERIMENTAL ANIMALS

*Sufficient*

*Limited*

*Inadequate*

*Sufficient*

*Limited*

***Probably  
carcinogenic***  
(Group 2A)

*Inadequate*

### Examples Group 2A

- DDT
- Tetrachloroethylene

**EVIDENCE IN HUMANS**

# How are overall evaluations determined?

## EVIDENCE IN EXPERIMENTAL ANIMALS

*Sufficient*

*Limited*

*Inadequate*

**EVIDENCE IN HUMANS**

*Sufficient*

*Limited*

*Inadequate*

***Possibly carcinogenic***  
(Group 2B)

***Possibly carcinogenic***  
(Group 2B)

### **Examples Group 2B**

- Chloroform
- Styrene

# How are overall evaluations determined?

## EVIDENCE IN EXPERIMENTAL ANIMALS

*Sufficient*

*Limited*

*Inadequate*

*Sufficient*

*Limited*

*Inadequate*

***Not classifiable*** (Group 3)

**EVIDENCE IN HUMANS**

# How are overall evaluations determined? Mechanistic modifications

## EVIDENCE IN EXPERIMENTAL ANIMALS

*Sufficient*

*Limited*

*Inadequate*

**EVIDENCE IN HUMANS**

~~Sufficient~~

Group 1 (*carcinogenic to humans*)

*Limited*

Group 2A  
(*probably carcinogenic*)

Group 2B (~~*possibly carcinogenic*~~)  
(exceptionally, Group 2A)

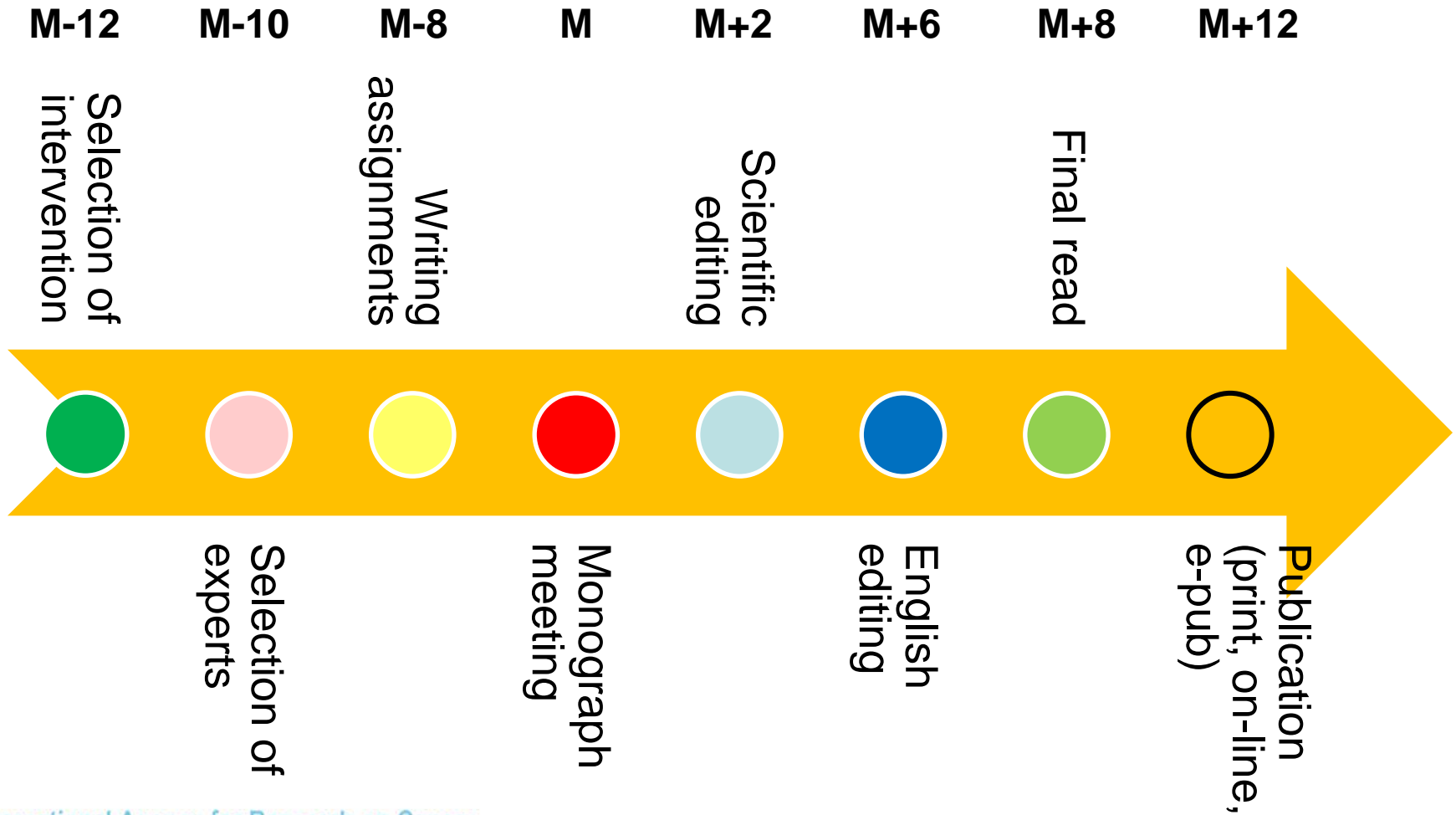
**Strong evidence in exposed humans**

*Inadequate*

Group 2B  
(*possibly carcinogenic*)

Group 3 (*not classifiable*)

# The IARC Monographs process



# Outline

- ❖ The *IARC Monographs*
  - Procedure
  - Evaluation
- ❖ PCB and melanoma
  - Cohort studies
  - Case-control studies
  - Mechanistic data
  - Evaluation

# Skin toxicity of PCBs

- Studies on exposure of capacitor workers to PCBs suggested that these compounds are well absorbed by skin contact
- Chloracne and other dermal alterations are well known effects of long-term exposure to PCBs and related compounds
- Interference of PCBs with the metabolism of vitamin A in the skin, resulting in disturbances of the epithelial tissues of the pilo-sebaceous duct (Coenraads et al., 1994).

# Studies assessing the link between exposure to PCBs and cancer ( $\leq 2012$ )

## Cohorts

- Occupational cohort studies (n=13)
- Cohorts of accidental exposure (*Yusho*, *Yucheng*, with 4 follow-up each)
- Cohorts of high dietary exposure (fishermen's wives) (n=5)
- General population cohorts (n=15)

## Case-controls

- Non-Hodgkin lymphoma (n=17)
- Breast (n=32)
- Other sites (prostate, testis, lung, pancreas, biliary tract, colorectum, endometrium, **skin**, uveal melanoma, children leukemia)



# 1.a Cohort studies in capacitor-manufacturing workers

<b>Ruder et al. (2006), Indiana, USA, 1957–1998</b>	3569 Melanoma	Cumulative exposure			
		Lowest tertile	5	SMR, 3.7 (1.2–8.7)	Sex, age, race, calendar period
		Middle tertile	2	SMR, 1.5 (0.2–5.4)	
		<b>Highest tertile</b>	<b>9</b>	<b>SMR, 2.4 (1.1–4.6)</b>	P for trend = 0.72
<b>Prince et al. (2006b), Massachusetts &amp; New York, USA, 1939–1998</b>	14 458 Melanoma	Cumulative exposure			Sex, age, race, calendar period
		< 150 unit-yr		1	Results for 0-yr lag
		150 to < 620 unit-yr	2	RR, 0.3 (0.1–1.3)	
		> 620 unit-yr	6	RR, 0.7 (0.2–1.9)	P for trend = 0.83
		Workers employed ≥ 90 days			
		All workers	19	SMR, 1.26 (0.76–1.97)	
		Male	14	SMR, 1.66 (0.91–2.79)	
		Female	5	SMR, 0.75 (0.24–1.75)	
<b>Kimbrough et al. (2003), New York, USA, 1946–1998</b>	7075 Skin, including melanoma	Hourly workers (employed ≥ 90 days as non-salaried workers)	9	[SMR, 1.2 (0.6–2.4)]	Sex, age, race, calendar period
		<b>Salaried workers</b>	<b>6</b>	<b>[SMR, 2.1 (0.8–4.7)]</b>	Same plant as Prince et al. (2006b)
		Massachusetts	5	SMR, 0.69 (0.22–1.61)	

# 1.b Cohort study in transformer -manufacturing and -repair workers

Yassi et al. (1994, 2003), Manitoba, Canada, 1946–1995; 1950–1995 (mortality); 1969–1995 (incidence)	2222 men	Melanoma	Duration of employment:			
			> 6 mo	8	SMR, 1.8 (0.2–6.4)	13% excluded from original mortality study because of missing identifiers. Total of deaths until 1995: 261 in cohort, 104 in subcohort, 31 in transformer-assembly department
			> 1 mo	10	SIR, 2.2 (1.1–4.0)	

# 1.c Cohort studies in electric-power and telecommunications workers

De Guire et al. (1988, 1992), Montreal, Canada, 1976–1983	9590	> 6 mo employment. Exposed to polyvinyl chloride, soldering fumes, and PCBs	Men	3	SMR, 3.0 (0.6–8.8)	
			Women	1	SMR, 4.8 (0.1–27)	
			Men, < 20 yr latency	2	SMR, 9.4 (1.1–34)	
			Men, > 20 yr latency	1	SMR, 1.3 (0.0–7.1)	
			Women, < 20 yr latency	1	SMR, 12.1 (0.0–67)	
Tynes et al. (1994), Norway, 1920–1991; 1953–1991	5088 men	Worked <sup>3</sup> 1 yr at any of eight hydroelectric-power companies	Employment > 1 yr	19	SIR, 1.1 (0.7–1.8)	
			Ever exposed to PCBs	9	SIR, 1.8 [0.8–3.4]	Incidence of other cancers not analysed in association with PCB exposure
			Ever exposed to PCBs, 0–15 $\mu$ T-yr	0		
			Ever exposed to PCBs, > 15 $\mu$ T-yr	9	SIR, 2.7 [1.2–5.2]	

# 1.c Cohort studies in electric-power and telecommunications workers (contnd)

<b>Loomis et al. (1997),</b> California, North Carolina, Pennsylvania, Tennessee, Virginia, USA, 1950–1988	138 905 men	Potential PCB exposure:			Age, calendar time, race, social class, active work status
		0 to < 5 yr	25	RR, 1.3 (0.6–2.6)	
		5 to < 10 yr	9	RR, 1.1 (0.5–2.7)	
		10 to < 20 yr	11	RR, 1.4 (0.6–3.3)	
		<sup>3</sup> 20 yr	8	RR, 1.6 (0.6–4.2)	
		Cumulative PCB exposure (h), 0-yr lag:			
		> 0–2000	73	RR, 1.2 (0.6–2.5)	
		> 2000–10 000	12	RR, 1.7 (0.7–7.1)	
		> 10 000	3	RR, 1.9 (0.5–7.1)	
		Cumulative PCB exposure (h), 20-yr lag:			
		> 0 to 2000	42	RR, 1.3 (0.8–2.2)	
		> 2000–10 000	8	RR, 2.6 (1.1–6.0)	
		> 10 000	1	RR, 4.8 (1.5–15)	
		RR per 2000 h cumulative PCB exposure (continuous variable):			
0-yr lag	-	RR, 1.02 (0.99–1.05)			
20-yr lag	-	RR, 1.05 (1.01–1.09)			

# 1.d Cohort studies with other industrial exposures to PCBs

- Robinson et al., 1999
  - Proportional mortality study among 31'000 electrical workers employed in the construction industry
  - Excess mortality: PMR, 1.23 (1.02-1.47)
  - Exposure to PCB could not be confirmed (also exposure to other agents)
- Bahn et al., 1976
  - 2 cases of melanoma among 31 workers in research and development and refinery industry
  - SIR, 50.0 (95% CI, 5.6 – 217)

# 1.e Cohort studies with high dietary intake of PCBs

Reference, location, follow-up period	Total No. of subjects	Exposure assessment	Organ site	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Mikoczy & Rylander (2009) Sweden 1968–2002 (east coast) 1965–2002 (west coast)	2042 (east coast) and 6674 (west coast) fishermen's wives	Dietary intake of fatty fish from Baltic Sea (east coast) West Coast East coast	Melanoma Skin Melanoma Skin	Comparison with national rates	38 60 8 9	SIR (95% CI) 1.03 (0.73–1.41) 1.43 (1.09–1.84) 0.76 (0.33–1.49) 0.95 (0.43–1.80)	Age Possible coexposure to PCDDs and PCDFs
Helmfrid et al. (2012) Gusum, Sweden 1960–2003	Residents in contaminated area (number not given)	Consumption of contaminated foods from local river Men Women	Melanoma Melanoma	Overall, compared with national death rates	15 11	SIR (95% CI) 1.56 (0.87–3.94) 1.22 (0.60–2.19)	Age, time period; Possible coexposure to metals because of industrial activities

# 2. Population-based case-control study

Gallagher et al. (2011)  
 British Columbia, Canada  
 2000–2004  
 80 Cases  
 310 controls

Exposure assessment:  
 Lipid-adjusted  
 concentrations of 14  
 PCBs (units NR):  
 PCB 28, 52, 99, 101,  
 105, 118, 128, 138, 153,  
 156, 170, 180, 183, and  
 187.

Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
			Age, sex, education, skin reaction to repeated sun exposure, and total recreational sun exposure
<b>Total PCBs</b>			
98.01–148.71	11	1.36 (0.45–4.09)	
148.72–213.44	12	1.27 (0.39–4.12)	
> 213.44	29	6.02 (2.00–18.17)	P for trend < 0.001
<b>DL-PCBs</b>			
9.37–15.10	8	0.31 (0.10–0.98)	
15.11–22.57	16	1.16 (0.41–3.26)	
> 22.57	25	2.84 (1.01–7.97)	P for trend = 0.003
<b>NDL-PCBs</b>			
86.68–133.66	12	2.05 (0.66–6.39)	
133.67–192.39	11	1.19 (0.36–3.90)	
> 192.39	30	7.02 (2.30–21.43)	P for trend < 0.001
<b>PCB-118</b>			
> 4.90–8.16	13	0.89 (0.34–2.34)	
> 8.16–13.32	14	1.13 (0.40–3.23)	
> 13.32–46.19	23	3.04 (1.05–8.74)	P for trend = 0.012
<b>PCB-138</b>			
> 12.79–20.76	19	1.89 (0.68–5.28)	
> 20.76–30.65	8	1.30 (0.37–4.56)	
> 30.65–104.49	28	4.91 (1.69–14.32)	

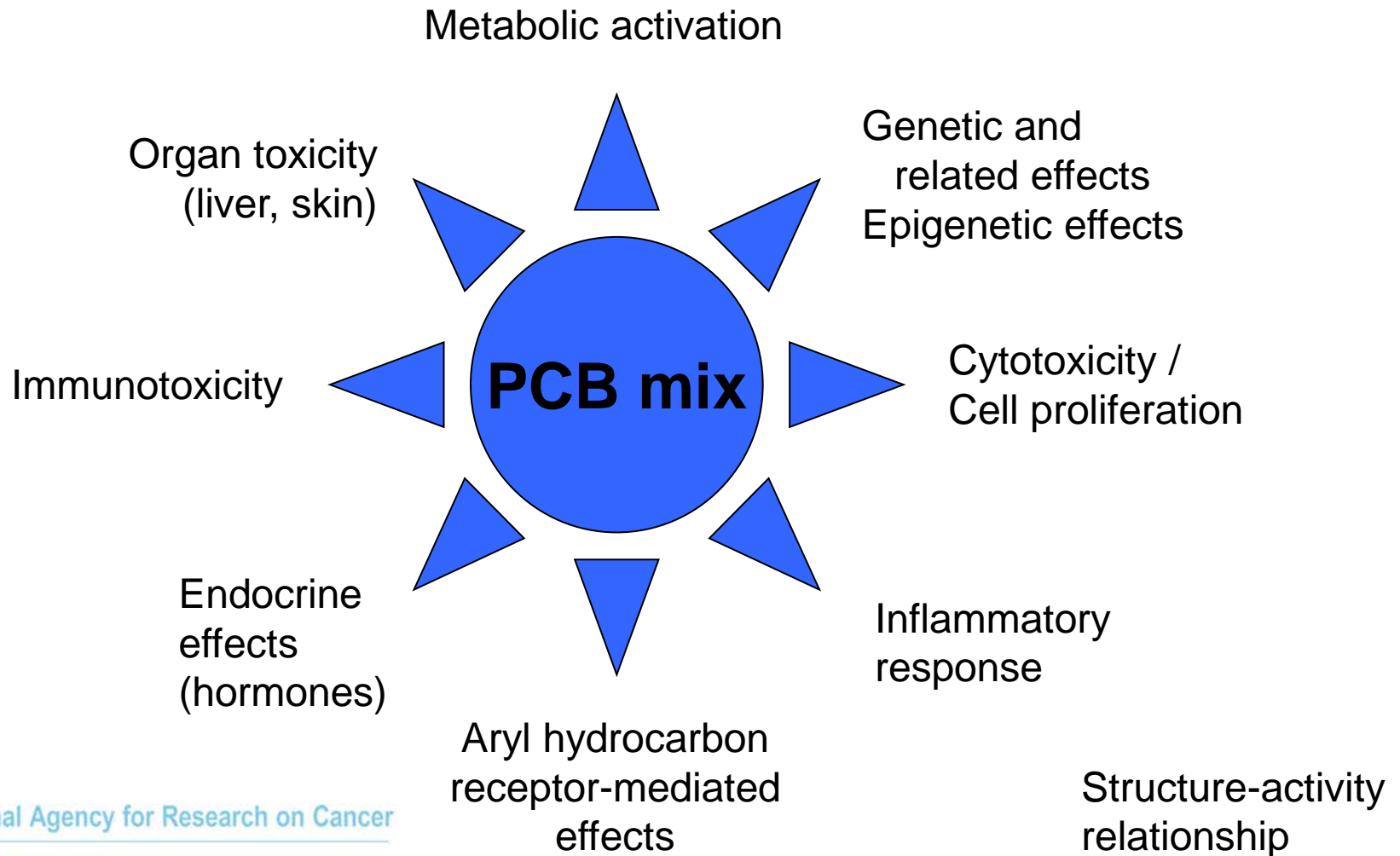
Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
<b>PCB-153</b>			
> 27.75–42.07	14	2.01 (0.70–5.77)	
> 42.07–60.43	12	1.35 (0.43–4.25)	
> 60.43–735.90	27	4.86 (1.68–14.08)	P for trend = 0.002
<b>PCB-156</b>			
> 4.09–6.07	13	1.04 (0.36–2.97)	
> 6.07–8.65	13	1.48 (0.49–4.45)	
> 8.65–113.32	29	4.22 (1.51–11.78)	P for trend = 0.001
<b>PCB-170</b>			
> 7.97–12.16	13	1.50 (0.53–4.29)	
> 12.16–18.51	13	1.10 (0.32–3.77)	
> 18.51–901.52	29	4.60 (1.60–13.22)	P for trend = 0.001
<b>PCB-180</b>			
> 25.20–38.16	12	1.46 (0.49–4.37)	
> 38.16–59.40	14	1.55 (0.44–5.43)	
> 59.40–3786.60	30	5.89 (1.87–18.50)	P for trend = 0.001
<b>PCB-183</b>			
> 1.87–84.86	54	4.27 (1.71–10.68)	
<b>PCB-187</b>			
> 6.64–10.45	11	2.54 (0.75–8.58)	
> 10.45–16.10	15	2.56 (0.76–8.62)	
> 16.10–833.15	30	11.47 (3.32–39.68)	P for trend < 0.001



# 3. Evaluation

- Elevated number of cancers observed consistently in studies of:
  - workers (cohorts in North America and Europe)
    - Manufacture of capacitors & transformers (four studies)
    - electric power and telecommunication workers (three studies)
    - equipment maintenance (two studies)
  - the general population, with measures of PCB levels in blood (case-control study in Canada)
- In the largest study, the risk increased with the dose
- Increase of uveal melanoma (cancer of the eye) in workers exposed to PCB oils
- **There is *sufficient* evidence in humans for an association between exposure to PCBs and malignant melanoma**

# 4. Relevant biological effects



# The *IARC Monographs* Section



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- U.S. National Cancer Institute (since 1982)
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Molto grazie per l'invito

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